



# Meet Dr. Leslie Korn,

Traumatologist and Pioneer in Natural and Integrative Medicine for Mental Health and Chronic Illness.

Leslie Korn, PhD, MPH, is a Doctor of Behavioral Medicine and clinician specializing in mental health nutrition and integrative medicine. She is licensed and certified in four distinct modalities. She served as a Fulbright scholar on traditional medicine, a Clinical Fellow at Harvard Medical School, and a National Institutes of Health-funded research scientist in mind/body medicine.

## Book Dr. Leslie Korn Today

drkornoffice@protonmail.com

(360) 262-6175



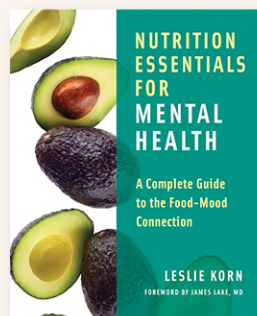
[DrLeslieKorn.com](http://DrLeslieKorn.com)

## Testimonials

*"If you are looking for vibrant speaker and educator who assists you in applying integrative approaches while thinking both within and outside the box – look no further."*

*"You are the Jane Goodall of Nutrition."*

*"Leslie Korn is a terrific teacher. She is able to communicate her vast knowledge to her audience in a fun and dynamic way. Her positive energy and humor in combination with her ability to articulate complex ideas make her a wonderful speaker."*



In 1975, she founded and directed the Center for Traditional Medicine, a public health clinic in rural indigenous Mexico.

**Author of 10 books**, she teaches and consults health professionals internationally.

## Speaking Topics

- 🔹 **The Good Mood Kitchen: Culinary Strategies for a Healthy Brain and Body**
- 🔹 **Supercharge Your Brain: 10 Essentials of Optimal Brain and Cognitive Performance**
- 🔹 **Integrative Medicine for Traumatic Stress and Addictions**
- 🔹 **Everything You Need to Know About Mental Health Nutrition & Have the "Guts" to Ask**
- 🔹 **Age Gracefully While Keeping Your "Wits" About You**

Dr. Korn enjoys working with event coordinators to customize her talks within the scope of her research.



**Dr. Leslie Korn**  
Integrative Medicine with Heart



Nutritional  
Therapy  
Association



International Society  
for Traumatic Stress Studies





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## A Captivating Storyteller

You will learn the health wisdom she garnered as she climbed waterfalls to gather mood-boosting beverages in the tropical rain forest, stuffed bananas leaf tamales she gathered in the jungle of Mexico, collected medicinal plants along forest rivers, sipped medicinal Ooligan oil in northern British Columbia, and she will share the secrets of how to make perfect brain-boosting chicken soup her Romanian grandmother taught her how to make.

## Testimonial

*“Dr. Leslie Korn is a pioneer in the integration of mental health and nutrition and continues to lead the field.”*

## Improving Physical & Mental Health

Leslie will teach you how to integrate nutritional, culinary and herbal medicine into your life to improve mental, cognitive and physical health.

She will share with you how she has helped thousands of patients reduce or eliminate pharmaceuticals to improve their sleep, mood and focus and she will share nature's medicines for overcoming adverse events.



**Dr. Leslie Korn**

Integrative Medicine with Heart

