



BIOGRAPHY

Dr. Leslie Korn

Leslie Korn, PhD, MPH, specializes in the use of integrative medicine and the treatment of stress, trauma, cognitive function and chronic physical illness. She has been in clinical practice for over 40 years.

She began her training over 45 years ago in the jungle of Mexico and completed it in the “jungle” at Harvard Medical school in the departments of psychiatry and public health.

- 🔵 **Scientist**
- 🔵 **Psychotherapist**
- 🔵 **Traumatologist**
- 🔵 **Functional Nutritionist**
- 🔵 **Integrative Medicine Clinician**
- 🔵 **Herbalist**
- 🔵 **Health Activist**

Dr. Korn is a licensed psychotherapist, national board certified in clinical supervision, certified in Functional Nutrition, and board certified in Polarity therapy, Bodywork and Massage therapy. She has a private practice working with clients to improve mental health and reduce or eliminate medications using natural medicines.

She developed the Brainbow Blueprint®, an individualized integrative approach based on decades of clinical experience and research.

Over 30,000 health professionals have completed Dr. Korn's certification programs in integrative medicine and nutrition. She also supervises and mentors integrative clinicians.

Dr. Korn pioneered somatic therapies for the treatment of mental illness at Harvard Medical School as a clinical fellow and instructor in psychology and religion and implemented wellness, multicultural, and addiction recovery programs in 10 languages for HUD housing tenants.

She directs the Leslie Korn Institute of Integrative Medicine. She is the founding director of the Center for Traditional Medicine, and director of research and education at the Center for World Indigenous Studies, a nonprofit advancing the rights of indigenous peoples worldwide.

Dr. Korn has a PhD in Behavioral Medicine from the Union Institute and University, an MPH from Harvard School of Public Health, and an MA in cross-cultural health psychology from Lesley University.

Dr. Korn is the author of 10 books including *Nutrition Essentials for Mental Health*, *Rhythms of Recovery: Integrative Medicine for the treatment of PTSD and Complex Trauma*, *The Good Mood Kitchen*, *Natural Woman*, and *The Brainbow Blueprint: A Clinical Guide to Integrative Medicine and Nutrition for Mental Well-Being*.

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Integrative Medicine with Heart